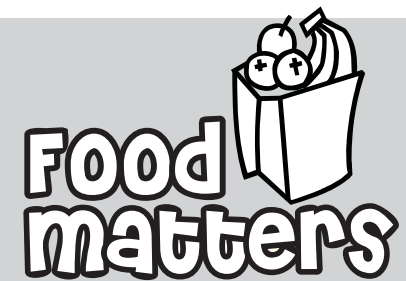


Community Food Programs



BROCKVILLE - October, November, December 2011

PLEASE CALL TO CONFIRM TIMES AND DATES

Drop into any program free of charge

| AGENCY | Sunday | | Sunday | | Sunday | | |
|--|---|---|---|---|---|---|-----------------|
| St. Lawrence Anglican Church | October 2, 2011 3:30 to 5:30 pm | | November 6, 2011 3:30 to 5:30 pm | | December 4, 2011 3:30 to 5:30 pm | | |
| St. Lawrence Anglican Church - 80 Pine Street, 613-345-5717 | | | | | | | |
| AGENCY | Sunday | | Sunday | | Sunday | | |
| Wall Street United Church | October 9, 2011 & October 30, 2011 3:00 to 5:00 pm | | November 13, 2011 3:00 to 5:00 pm | | December 11, 2011 3:00 to 5:00 pm | | |
| Wall Street United Church - 5 Wall Street, 613-342-5401 ext 21 | | | | | | | |
| AGENCY | Sunday | | Sunday | | Sunday | | |
| 1000 Island Baptist Church | October 23, 2011 3:30 to 5:30 pm | | November 27, 2011 3:30 to 5:30 pm | | | | |
| 1000 Island Baptist Church - 229 Park Street, 613-342-9552 | | | | | | | |
| AGENCY | Sunday | | Sunday | | Sunday | | |
| St John's United Church | October 30, 2011 Community Breakfast 9:00 to 10:00 am | | | | | | |
| St John's United Church - 32 Park Street, 613-345-5824 | | | | | | | |
| AGENCY | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Loaves & Fishes | | 4:00 to 6:00 pm \$1.00 per dinner | 4:00 to 6:30 pm \$1.00 per dinner | 4:00 to 6:00 pm \$1.00 per dinner | 4:00 to 6:00 pm \$1.00 per dinner | 4:00 to 6:00 pm \$1.00 per dinner | |
| Loaves & Fishes - 25 Front Avenue West, 613-345-6498 | | | | | | | |
| AGENCY | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| The Pier Christian Church | October 16, 2011 November 20, 2011 December 18, 2011 3:30 to 5:00 pm | Coffee: 10:30 to 11:00 am Lunch: 11:00 to 12:30 pm | Coffee: 10:30 to 11:00 am Lunch: 11:00 to 12:30 pm | Coffee: 10:30 to 11:00 am Lunch: 11:00 to 12:30 pm | Coffee: 10:30 to 11:00 am Lunch: 11:00 to 12:30 pm | Coffee: 10:30 to 11:00 am Lunch: 11:00 to 12:30 pm | |
| The Pier Christian Church - 137 George Street (Behind LEONS), 613-498-7729 | | | | | | | |

For more information, call 1-800-660-5853 or visit www.healthunit.org/nutrition